



CORAL INSIDER NEWSLETTER

Resurface Your Skin without the Down Time!

At Coral Medical Health Spa we are very excited to offer the latest in laser resurfacing treatments! The StarLux 1540 is considered one of the most effective non-ablative laser resurfacing techniques for skin tightening and to treat sun damage, fine lines, and uneven skin tone. We provide a complimentary consultation with one of our certified laser technicians to discuss the benefits of laser resurfacing and arrange an appropriate treatment schedule for you.

Laser facial resurfacing is a fractional, single treatment laser created to improve skin conditions resulting from aging and sun contact. It is the most efficient laser facial resurfacing treatment, as assessed for safety, patient experience and recovery time.

Laser resurfacing is an excellent treatment for almost any area of the body and is especially beneficial around the eye and mouth area. These delicate areas can be difficult to treat and are often where we see the first signs of aging.

During a treatment the laser pulses target damaged cells deep in the skin. The pulses create tiny holes (the size of a pore) which yield maximum results with minimal intrusion. Controlled energy also means a more comfortable patient experience. The laser removes damaged tissue from inside the skin, and then stimulates the growth of healthy, new skin, full of fresh collagen. This plumps your skin from below, repairing photo-damage and other skin flaws, allowing for noticeably smoother and brighter complexion after just a few treatments.

Treatments are safe and effective with rapid recovery. Most of our patients see improvement within a week after a treatment. It is recommended that a minimum of 3 treatments are done for optimal results. There is no official medical down-time, however some redness and swelling may occur in the treated areas 3-5 days post treatment. It is recommended that you stay away from direct sunlight for 2-3 weeks following a treatment and always apply an appropriate sun block for 2 months (even in the winter). You may apply make-up five days after treatment.



Before



After

Laser resurfacing is excellent in combination with many of our other treatments such as the Oxygeneo 3 in 1 Facial. Contact us at 519-969-1554 to schedule your complimentary no-obligation consultation with one of our laser technicians.



Intensive Moisture Balance

Did you know that dehydrated skin is not the same as dry skin? The difference is that dehydrated skin lacks water which leaves it feeling tight. Dry skin lacks oil which leaves it feeling tight and also flaky. Dermalogica's Intensive Moisture Balance is perfect for dry skin because it has an oil base which replenishes the skin leaving it soft and supple.

Many things can cause dry skin; such as aging, climate, stress, health, and even over cleansing. This formulation ensures that the skin's natural barrier is hydrated and strengthened which also helps to prevent sensitivity, especially in dry winter weather. Hyaluronic acid locks in moisture and algae extract balances and prevents bacteria that cause dryness.

This product pairs well with the Intensive Moisture Cleanser for a gentle hydrating cleanse that will leave skin feeling clean but not stripped. Use Intensive Moisture Balance twice daily after cleansing and toning. To learn more about our skincare products book a free skin consultation with an expert by calling 519 969 1554.

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Coral Medical Health Spa



All the proceeds from our Spring Awakening Open House silent auction will be benefitting the Windsor Essex Habitat for Humanity. For more information on the work that they do in our community check out their website:

<https://www.habitatwindsor.org/>

About Us

Coral Medical Health Spa is a comprehensive practice complete with everything needed to help you look and feel your best from the inside out!

Under the supervision of Dr. Zoia Sherman, Coral offers the most advanced Age-Prevention solutions available from BOTOX Cosmetic to Bio-Identical Hormone Replacement Therapy, with a complete Day Spa featuring Dermalogica Skincare.

As a recognized leader in the field of cosmetics and anti-aging, Dr. Sherman combines leading technologies and procedures with first class individual attention to create a destination for those seeking the best in these treatments.